## Jax Triathlon Run Course: Sprint 3.1 Miles

## Out \& Back



## Jax Triathlon Run Course: Olympic 6.2 Miles

## Out \& Back



## Jax Triathlon Run Course: Sprint DUATHLON $\mathbf{1}^{\text {st }}$ Run $=\mathbf{2}$ Miles <br> 1M Out \& 1M Back

Out/Back Turnaround on Duval Rd
Water Station at Trans Out


